

**CONFIDENTIAL PATIENT INFORMATION – Personal Injury**

Name \_\_\_\_\_ Date \_\_\_\_\_ SSN \_\_\_\_\_  
Home Ph. \_\_\_\_\_ Cell Ph. \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex M F  
Age \_\_\_\_\_ Birth Date \_\_\_\_\_ Marital Status M S W D How many children? \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Office Ph. \_\_\_\_\_  
Work Address \_\_\_\_\_ Email Address \_\_\_\_\_  
Name of Spouse \_\_\_\_\_ Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

Have you had chiropractic care?  Yes  No If so, who was the doctor and when? \_\_\_\_\_

Would you like to receive  Email Reminders  Text Reminders, Cellular Carrier: \_\_\_\_\_

Please list your most recent traumas (auto accidents, major falls, sport injuries, etc.):

- 1. \_\_\_\_\_ Date: \_\_\_\_\_
- 2. \_\_\_\_\_ Date: \_\_\_\_\_
- 3. \_\_\_\_\_ Date: \_\_\_\_\_

**PRIMARY CONDITION – PLEASE DESCRIBE ONE AREA OF COMPLAINT**

Please describe your primary complaint: \_\_\_\_\_

When did it start? \_\_\_\_\_ Have you had it in the past:  Y  N When: \_\_\_\_\_

Please check the appropriate box: The pain is  constant  it comes and goes

On a scale from 1-10 with 10 being the worst circle the level of pain: 1 2 3 4 5 6 7 8 9 10

Please check the box(es) that best describes the pain:  Sharp/Stabbing Pain  Burning  
 Dull Pain  Tingling  Numbness  Weakness  Restriction  Other \_\_\_\_\_

Does your pain travel from the point of pain?  Y  N If yes, where: \_\_\_\_\_

What makes it better?  Chiropractic  Ice  Heat  Massage  Medication

Resting  Sitting  Standing  Walking  Lying Down  Other \_\_\_\_\_

What makes it worse?  Bowel Movements  Breathing  Coughing  Driving

Sitting  Lying Down  Sneezing  Walking  Working  Other \_\_\_\_\_

Have you missed any school/work due to this complaint?  Y  N

Is this the result of an automobile accident:  Y  N Work related injury:  Y  N

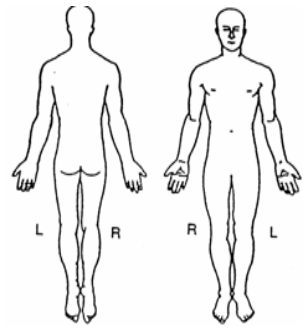
If yes, to either question above, please explain: \_\_\_\_\_

Have you received any other treatment for this condition:  Y  N If yes, indicate treatment  Chiropractic  Physical  
Therapy  Surgery  Other \_\_\_\_\_ Doctor's Name who provided Treatment: \_\_\_\_\_

\*DOCTOR USE ONLY: \_\_\_\_\_

Please mark your areas of pain on the figure below

++ Sharp/Stabbing ## Burning  
XX Tingling/Numb 00 Dull



**SECONDARY CONDITION – (if applicable)**

Please describe your secondary complaint: \_\_\_\_\_

When did it start? \_\_\_\_\_ Have you had it in the past:  Y  N When: \_\_\_\_\_

Please check the appropriate box: The pain is  constant  it comes and goes

On a scale from 1-10 with 10 being the worst circle the level of pain: 1 2 3 4 5 6 7 8 9 10

Please check the box(es) that best describes the pain:  Sharp/Stabbing Pain  Burning  
 Dull Pain  Tingling  Numbness  Weakness  Restriction  Other \_\_\_\_\_

Does your pain travel from the point of pain?  Y  N If yes, where: \_\_\_\_\_

What makes it better?  Chiropractic  Ice  Heat  Massage  Medication

Resting  Sitting  Standing  Walking  Lying Down  Other \_\_\_\_\_

What makes it worse?  Bowel Movements  Breathing  Coughing  Driving

Sitting  Lying Down  Sneezing  Walking  Working  Other \_\_\_\_\_

Have you missed any school/work due to this complaint?  Y  N

Is this the result of an automobile accident:  Y  N Work related injury:  Y  N

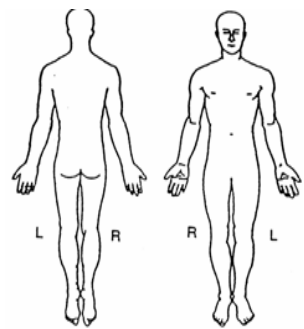
If yes, to either question above, please explain: \_\_\_\_\_

Have you received any other treatment for this condition:  Y  N If yes, indicate treatment  Chiropractic  Physical  
Therapy  Surgery  Other \_\_\_\_\_ Doctor's Name who provided Treatment: \_\_\_\_\_

\*DOCTOR USE ONLY: \_\_\_\_\_

Please mark your areas of pain on the figure below

++ Sharp/Stabbing ## Burning  
XX Tingling/Numb 00 Dull



**ADDITIONAL CONDITION** – (if applicable)

Please describe your additional complaint: \_\_\_\_\_

When did it start? \_\_\_\_\_ Have you had it in the past:  Y  N When: \_\_\_\_\_

Please check the appropriate box: The pain is  constant  it comes and goes

On a scale from 1-10 with 10 being the worst circle the level of pain: 1 2 3 4 5 6 7 8 9 10

Please check the box(es) that best describes the pain:  Sharp/Stabbing Pain  Burning  
 Dull Pain  Tingling  Numbness  Weakness  Restriction  Other \_\_\_\_\_

Does your pain travel from the point of pain?  Y  N If yes, where: \_\_\_\_\_

What makes it better?  Chiropractic  Ice  Heat  Massage  Medication  
 Resting  Sitting  Standing  Walking  Lying Down  Other \_\_\_\_\_

What makes it worse?  Bowel Movements  Breathing  Coughing  Driving

Sitting  Lying Down  Sneezing  Walking  Working  Other \_\_\_\_\_

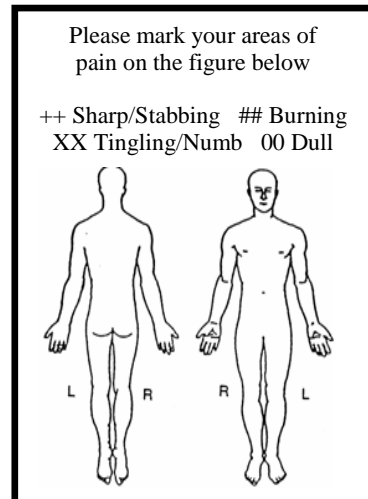
Have you missed any school/work due to this complaint?  Y  N

Is this the result of an automobile accident:  Y  N Work related injury:  Y  N

If yes, to either question above, please explain: \_\_\_\_\_

Have you received any other treatment for this condition:  Y  N If yes, indicate treatment  Chiropractic  Physical  
Therapy  Surgery  Other \_\_\_\_\_ Doctor's Name who provided Treatment: \_\_\_\_\_

\*DOCTOR USE ONLY: \_\_\_\_\_



**Activities of Daily Living:** Please circle the activities that are affected by your current complaint.

- |                   |                    |                   |                   |
|-------------------|--------------------|-------------------|-------------------|
| Bathing           | Cooking            | Laying down       | Sleeping          |
| Bending           | Daily pet care     | Lifting items     | Sneezing          |
| Brushing teeth    | Dressing           | Reading           | Sports            |
| Caring for family | Swallowing         | Reaching          | Static sitting    |
| Carrying items    | Driving            | Running           | Static standing   |
| Changing of pos.  | Eating             | Shaving           | Washing body/hair |
| Climbing stairs   | Exercising         | Showering         | Work activities   |
| Computer use      | Getting out of bed | Sexual activities | Yard work         |
| Concentration     | Household chores   |                   |                   |

**Medication:** Please list all medications you are currently taking. We offer information as to what nutrient deficiencies will be caused by the medications you are taking. If you desire this information please inform your doctor.

- |          |          |          |          |
|----------|----------|----------|----------|
| 1. _____ | 3. _____ | 5. _____ | 7. _____ |
| 2. _____ | 4. _____ | 6. _____ | 8. _____ |

**Nutrients:** Please list all nutrients you are currently taking. We offer to evaluate the formulations of your supplementation. If you desire this evaluation please bring your nutrients on your next visit.

- |          |          |          |          |
|----------|----------|----------|----------|
| 1. _____ | 3. _____ | 5. _____ | 7. _____ |
| 2. _____ | 4. _____ | 6. _____ | 8. _____ |

**Females Only:** Are you currently having menstrual cycles?  Y  N If yes, when was the first day of your last cycle? \_\_\_\_\_ Is there any chance you are pregnant?  Y  N If yes, how many weeks? \_\_\_\_\_ Please sign to verify the above information is correct to the best of your knowledge. \_\_\_\_\_

**Family History:** Insert age and check any box that applies

	Age (if living)	Heart Dx	High Cholest	High BI Pressure	Diabetes	Cancer	Anemia	Neck Pain	Low Bck Pain	Carpal Tunnel	Head aches	Obesity
Self												
Mom												
Dad												
Brother												
Sister												
Other _____												

**Doctor's Use Only:** \_\_\_\_\_  
 \_\_\_\_\_

**LIFESTYLE:** Your lifestyle, diet and exercise habits play an extremely important role in your overall health and risk of chronic disease. The following questions are designed to help us understand your habits, desires as well as commitments to make changes to those habits if necessary.

**Diet:**

- How much water do you drink a day? \_\_\_\_\_ 8-oz. glasses. What kind? Tap Filtered Distilled
- How many times do you eat fast food each week? \_\_\_\_\_
- Y N Do you drink caffeinated beverages? If yes, what kind and how many daily? \_\_\_\_\_
- Y N Do you drink alcohol? If yes, what kind and how many drinks a week? \_\_\_\_\_
- Y N Do you smoke? If yes, how many packs a day? \_\_\_\_\_
- Y N Do you have any food allergies? If yes, please name: \_\_\_\_\_
- How many servings of fruits & vegetables are you eating a day? 0 1 2 3 4 5 6 7 8 9 10  
 1 medium fruit = 1 serving 1 cup raw vegetables = 1 serving

**Body Composition and Exercise:**

- Y N Are you at your ideal weight? Current Weight \_\_\_\_\_ If no, what is your desired weight? \_\_\_\_\_
- Y N Are you interested in weight management?
- Y N Do you engage in any cardiovascular exercise (e.g. aerobics, walking, swimming, etc.)?  
 If yes, which activities? \_\_\_\_\_ Days Per Wk \_\_\_\_\_ Duration \_\_\_\_\_
- Y N Do you do any form of resistance exercises (lift weights) on a consistent basis? Days per week \_\_\_\_\_
- Y N Do you ever experience pain after exercising? If yes, where? \_\_\_\_\_ Type of Pain \_\_\_\_\_
- Y N Do you participate in any sports? If yes, which ones? \_\_\_\_\_

**Commitment and Goals:**

- On a scale of 1 to 10, what level of stress do you experience daily? 1 2 3 4 5 6 7 8 9 10
- On a scale of 1 to 10, what is your commitment to making a lifestyle improvement? 1 2 3 4 5 6 7 8 9 10
- What are your health goals for the next 6 months? \_\_\_\_\_  
 \_\_\_\_\_

**Primary Care Physician**

Primary Care Physician: \_\_\_\_\_ Physician Phone #: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Check here if you do NOT authorize this office to communicate with my primary physician about the care I receive.

I verify that the information I have provided in this document is true and I give the doctor consent to treat me.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Subjective Health Assessment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please rate the following symptoms that you have experienced during the past 30 days

<b><u>Head</u></b>		<b><u>Heart, Lungs</u></b>	
0 1 2 3 4	Headache	0 1 2 3 4	Irregular Heart Beat
0 1 2 3 4	Faintness	0 1 2 3 4	Rapid, Pounding Heart Beat
0 1 2 3 4	Dizziness	0 1 2 3 4	Chest Pain
0 1 2 3 4	Sleeplessness	0 1 2 3 4	Chest Congestion
	____Total	0 1 2 3 4	Asthma
<b><u>Eyes, Ears, Nose, Throat</u></b>		0 1 2 3 4	Bronchitis
0 1 2 3 4	Stuffy Nose	0 1 2 3 4	Shortness of Breath
0 1 2 3 4	Sinus Trouble		____Total
0 1 2 3 4	Hay Fever	<b><u>Skin</u></b>	
0 1 2 3 4	Sneezing	0 1 2 3 4	Acne
0 1 2 3 4	Nasal Congestion	0 1 2 3 4	Dry, Scaly Skin
0 1 2 3 4	Swollen Eyes	0 1 2 3 4	Hair Loss
0 1 2 3 4	Reddened Eyes	0 1 2 3 4	Excessive Sweating
0 1 2 3 4	Watery, Itchy Eyes	0 1 2 3 4	Oily Skin
0 1 2 3 4	Dark Circles Under Eyes	0 1 2 3 4	Hot Flashes
0 1 2 3 4	Blurred Vision		____Total
0 1 2 3 4	Earache, Ear Infection	<b><u>Digestion</u></b>	
0 1 2 3 4	Ringing in the Ears	0 1 2 3 4	Nausea, Vomiting
0 1 2 3 4	Coughing	0 1 2 3 4	Diarrhea
0 1 2 3 4	Sore Throat	0 1 2 3 4	Constipation
0 1 2 3 4	Hoarseness, Loss of Voice	0 1 2 3 4	Heartburn
0 1 2 3 4	Canker Sore	0 1 2 3 4	Stomach Pain
0 1 2 3 4	Discolored Lips or Gums	0 1 2 3 4	Bloating
	____Total	0 1 2 3 4	Belching, Gas
			____Total
<b><u>Memory, Emotions</u></b>		<b><u>Joints</u></b>	
0 1 2 3 4	Mood Swings	0 1 2 3 4	Stiffness/Lack of Motion
0 1 2 3 4	Anxiety, Nervousness	0 1 2 3 4	Arthritis
0 1 2 3 4	Anger, Irritability	0 1 2 3 4	Pain in the Muscles
0 1 2 3 4	Aggressiveness	0 1 2 3 4	Pain in the Joints
0 1 2 3 4	Depression		____Total
0 1 2 3 4	Poor Memory	<b><u>Energy Levels</u></b>	
0 1 2 3 4	Confusion	0 1 2 3 4	Weakness
0 1 2 3 4	Lack of Concentration	0 1 2 3 4	Fatigue
0 1 2 3 4	Difficulty in Making Decisions	0 1 2 3 4	Hyperactivity
0 1 2 3 4	Stuttering	0 1 2 3 4	Restlessness
0 1 2 3 4	Slurred Speech		____Total
0 1 2 3 4	Learning Disabilities		
	____Total	<b><u>Weight</u></b>	
		0 1 2 3 4	Binge Eating/Drinking
		0 1 2 3 4	Craving Certain Foods
		0 1 2 3 4	Excessive Weight
		0 1 2 3 4	Water Retention
		0 1 2 3 4	Overweight
			____Total
<b>Grand Total</b> _____			

0 = Never 1 = Occasional and Mild 2 = Occasional and Severe 3 = Often and Mild 4 = Often and Severe

## PATIENT CONSENT FORM

### FOR USE AND/OR DISCLOSURE OF PROTECTED HEALTH INFORMATION TO CARRY OUT ANALYSIS, TREATMENT, PAYMENT AND HEALTHCARE OPERATIONS.

I hereby state that by signing this consent, I acknowledge and agree as follows:

\_\_\_ 1. The practice's Privacy Notice has been provided to me prior to my signing this consent. The Privacy Notice includes a complete description of the uses and/or disclosures of my protected health information (PHI) necessary for the practice to provide analysis and treatment for me, and also necessary for the practice to obtain payment for that treatment and to carry out its healthcare operations. The practice explained to me that the privacy notice would be available to me in the future at my request. The practice has encouraged me to read the privacy notice carefully prior to signing this consent.

\_\_\_ 2. The practice reserves the right to change its privacy practices that are described in its privacy notice, in accordance with applicable law.

\_\_\_ 3. I understand that, and consent to, the following appointment reminders that will be used by the practice:

- Postcards mailed to the addresses I have provided.
- Telephoning me at the numbers I have provided and leaving messages for me on my answering machine or with the individual answering the phone.

\_\_\_ 4. The practice may use and/or disclose my PHI (which includes information about my health or condition, analysis, and the treatment provided to me) in order for the practice to make analyses about my condition(s), treat me, obtain payment for that treatment, and as necessary for the practice to conduct its specific health care operations.

\_\_\_ 5. I understand that I have the right to request that the practice restrict how my PHI is used and/or disclosed except to obtain payment for treatment provided. However, the practice is not required to agree to any restrictions that I have requested, and I have the right to refuse treatment.

\_\_\_ 6. I understand that this consent is valid as long as I am a patient in this office. I further understand that I have the right to revoke this consent, in writing at any time for all future transactions, with the understanding that any such revocation shall not apply to the extent that the practice has already taken action in reliance on this consent. If I revoke this consent at any time, the practice has the right to refuse to treat me.

\_\_\_ 7. I give AlignLife permission to treat me in a room that is not fully enclosed. I am aware that other persons in the office may overhear some of my protected health information during the course of care. Should I need to speak with the doctor at any time in private, I understand the doctor will provide a private room for consultations.

\_\_\_ 8. The doctor recommends that my spouse be present at my report of findings visit; therefore, I hereby give permission for my protected health information to be disclosed at that time and at any time my spouse contacts the office to check on my status.

\_\_\_ 9. This office posts a notice for Patient of the Week. If I receive that designation I authorize AlignLife to post my name in the office.

\_\_\_ 10. I give AlignLife the authority to utilize my name, written or video story and pictures to help educate others. I give AlignLife the rights to use the testimonial in the "Our Patients Speak" testimonial book, our website, diverse web marketing campaigns, print/TV ads and other marketing campaigns to help others understand the different types of problems AlignLife has helped with.

I have read and understand the above statements. I understand that I have the right to refuse to sign this authorization. If I choose to decline signing this consent form, this practice will not treat me.

Patient's Name (Printed) \_\_\_\_\_

Patient Name (Signed) \_\_\_\_\_

Date: \_\_\_\_\_

## TERMS OF ACCEPTANCE

When a patient seeks chiropractic care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal: To restore the health potential of the body by removing spinal nerve impingements (called subluxations) which may be contributing or causing certain health condition. To remove the spinal nerve impingement a specific process is used which is called a chiropractic adjustment. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

Although chiropractic has clinically been associated with the reduction of many symptoms and health conditions, we do not offer to diagnose or treat any disease. We only offer to diagnose either vertebral subluxations or musculoskeletal conditions. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. Regardless of what the disease is called, we do not offer to treat it. When pressure is removed off a nerve, the nerve will begin to heal and that will increase the function of the muscles, joints and organ systems the nerve supplies. Additional information is provided on our website at [www.AlignLife.com](http://www.AlignLife.com).

I have read and understand the information above.

Print Name: \_\_\_\_\_ Sign: \_\_\_\_\_ Date: \_\_\_\_\_

## AUTHORIZATION AND ASSIGNMENT OF BENEFITS

1. I authorize the release of any information deemed appropriate concerning my health condition to any insurance company, attorney or adjuster in order to process any claim for reimbursement of charges incurred at this office.
2. I authorize and assign the direct payment to you of any sum I now or hereafter owe to your office by my attorney out of the proceeds of any settlement of my case, and by any insurance company obligated to reimburse me for the charges for your services or otherwise obligated to make payment to me or you based in whole or in part upon the charges for your services.
3. I give assignment lien against any claims against a third party whose negligence may have caused my injury, up to the bill for treatment.
4. In the event any insurance company under contractual agreement refuses to make payment upon demand by you, I hereby assign and transfer to you the cause of action that exists in my favor against any such company and authorize you to prosecute said action either in my name or your name as you see fit. I further authorize you to comprise, settle or otherwise resolve said claim as you see fit. I understand that whatever amounts you do not collect from insurance proceeds (whether it is all or part of what is due) I personally owe you.

I have read and understand the information above.

Print Name: \_\_\_\_\_ Sign: \_\_\_\_\_ Date: \_\_\_\_\_

## FINANCIAL ARRANGEMENT

Our office has conservative fees and comfortable payment arrangements. We want to make sure that our patients are able to receive the needed care in an affordable manner. If you have insurance coverage, our office will provide the courtesy of billing your insurance company. Although we provide the service of billing the insurance, any payments that are not received from your insurance company within 60 days will ultimately become your responsibility. Although we strive to provide the most accurate predictions in regards to our recommendations there are numerous insurance and healthcare variables that cannot be controlled. I have read and understand the statements above and give the doctor permission to evaluate me. (If under 18, parent or guardian must sign the form).

I have read and understand the information above.

Print Name: \_\_\_\_\_ Sign: \_\_\_\_\_ Date: \_\_\_\_\_

**AUTOMOBILE ACCIDENT QUESTIONNAIRE**

Please answer all questions completely.

Name \_\_\_\_\_ Date \_\_\_\_\_

Please explain in detail how your accident happened

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Insurance Co. \_\_\_\_\_ Policy No. \_\_\_\_\_ Claim No. \_\_\_\_\_

Driver of other vehicle (if any)

Name \_\_\_\_\_ Ins Co. \_\_\_\_\_ Policy No. \_\_\_\_\_

Driver of vehicle in which you were injured (if applicable)

Name \_\_\_\_\_ Ins Co. \_\_\_\_\_ Policy No. \_\_\_\_\_

Name of your insurance adjuster \_\_\_\_\_ Adjuster Phone #: \_\_\_\_\_

Have you retained an attorney?  Yes  No

If so, his name and address \_\_\_\_\_

Were police notified?  Yes  No

Was an accident report written?  Yes  No Did you bring it today?  Yes  No

Were you knocked unconscious?  Yes  No If yes, for how long? \_\_\_\_\_

You were struck from  Behind  Front  Left Side  Right Side

You were  Driver  Passenger  Front Seat  Back Seat Seatbelt on?  Yes  No

What were the time and date of present injury? \_\_\_\_\_

Where did you feel pain immediately after the accident? \_\_\_\_\_

Where were you taken after the accident? \_\_\_\_\_

What treatment were you given? \_\_\_\_\_

Was any other doctor consulted after your accident?  Yes  No

If "Yes", what was the doctor's name? \_\_\_\_\_ M.D.  D.C.  D.O.  D.D.S.

What was the diagnosis? \_\_\_\_\_

What treatment was given? \_\_\_\_\_

How often did you see the doctor? \_\_\_\_\_ How long? \_\_\_\_\_

Have you ever had any complaints in the involved area before?  Yes  No

Is so, what were the complaints? \_\_\_\_\_

Before the injury, were you capable of working on an equal basis with others your age?  Yes  No

Are your work activities restricted as a result of this accident?  Yes  No

Since this injury are your symptoms  Improving  Getting Worse  Same

## Health Care Lien

To Attorneys: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

I hereby recognize a lien in favor of the above doctor for injuries incurred on \_\_\_\_\_, 20\_\_ and caused by \_\_\_\_\_, whose address is \_\_\_\_\_.

I hereby authorize the above doctor to furnish you, my attorney(s), with a full report of the case history, examination, diagnosis, treatment and prognosis of myself in regard to the accident in which I was involved.

I hereby authorize and direct you, my attorney(s), to pay directly to said doctor such sums as may be due and owing him/her for professional services rendered to me both by reason of the aforesaid accident and by reason of any other bills that are due and owing to his/her office and to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect said doctor. I hereby further give a lien on my case to said doctor against any and all proceeds of any settlement, judgment or verdict which may be paid to you, my attorney(s), or myself as the result of the injuries for which I have been treated or injuries in connection therewith.

I fully understand that I am directly and fully responsible to said doctor for all professional bills submitted by him/her for services rendered to me and that this agreement is made solely for said doctor's additional protection and in consideration of pending payment. I further understand that such payment is not contingent on any settlement, judgment or verdict by which I may eventually recover said fee.

Patient's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Patient's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_

**Attorney(s):** Please sign, date, and return this document to the doctor's office named above.

The undersigned being attorney(s) of record for the above patient does hereby agree to observe all of the terms and conditions of the above lien and agree(s) to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect the said doctor named above.

Attorney(s)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_